

Dear parents / carers,

I can't believe we are at the end of another half term already! A huge well done to the pupils who have behaved so well. I have enjoyed every second working with pupils, hearing readers, popping into lessons, delivering assemblies as well as spending time with pupils at lunchtimes. Over the last two weeks we have looked at what bullying is and ensuring pupils know what to do if they are being bullied or if someone is being unkind to them. We have also looked at how pupils can stay safe online. Have a lovely half term everyone and we will see you all on Monday 19th February.

Mrs Pask 09.02.24



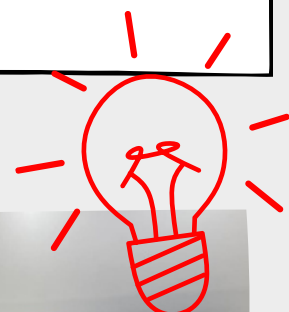
## DAI GREENE VISIT



We were lucky enough to get yet another visit from another sporting legend. This time it was Welsh athlete- Dai Greene. Dai specialised in the 400m hurdles and has won gold medals in the World and European championships. He spoke with KS1 and KS2 pupils. Dai talked about his route into sport and the children were given chance to ask questions too.

## A VISIT FROM HEADTEACHER JAMES NEVILLE

We were contacted by Mr Neville as he wanted to share his love of music with Y5&6 pupils- this was music to my ears!!!! He shared his route into music by looking at videos of him participating in a world famous choir. We hope this inspired some of our pupils.





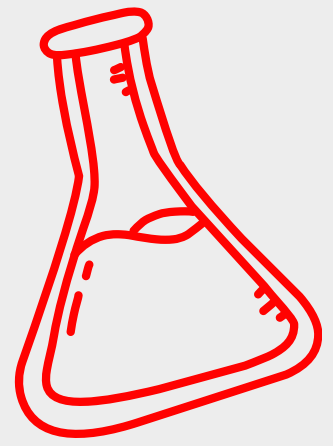
# Diary Dates

Break up for half term- Friday 9th February. We return on Monday 19th February

World Book Day-Thursday 7th March

Parents' Evening- Tuesday 12th March and Wednesday 13th March.

Disco- Monday 25th March



## FAMILY BINGO



We held another Family Bingo and it was another huge success. I loved seeing so many of you there enjoying yourselves. For me it isn't about how much many we raised, it is about having fun and celebrating a time when we can all be together. If anyone has any other suggestions, please let me know or pop it in the suggestion box in Reception.

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## ROBIN CLASS (EYFS)



EYFS have enjoyed their Dinosaur Day!  
Apparently a dinosaur came into school and  
I missed it!!!!

## SWAN CLASS (YEAR 1)



The Swan Class have been looking at Toys in the past this term. This has made me feel really old! They enjoyed a visit from Partake theatre to look at a range of toys from present day and toys from the past. Pupils could see how they had changed in size, material they were made from and loved their day.

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## BARN OWL CLASS (YEAR 2)



The Year 2's have been busy again. This time in Art. They are proud of their French Knitting and made Braclets.

## NSPCC NUMBER DAY



Mr Blankley-Woods is responsible for Maths across school and he organised NSPCC Number Day. Sadly I was on a course and missed it but I hear that the children loved dressing up and taking part in a range of mathematical activities. This helped raise £78 for charity but also to show children just how fun numbers can be.

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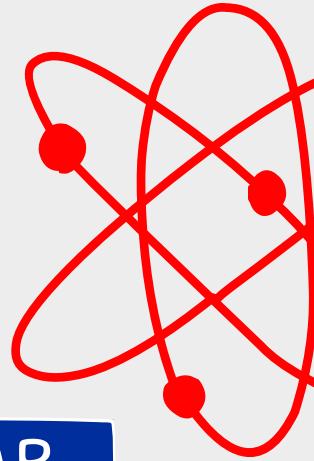
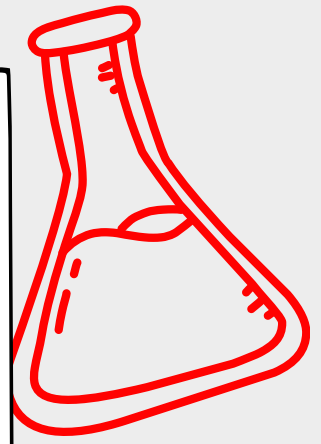


# UNIFORM

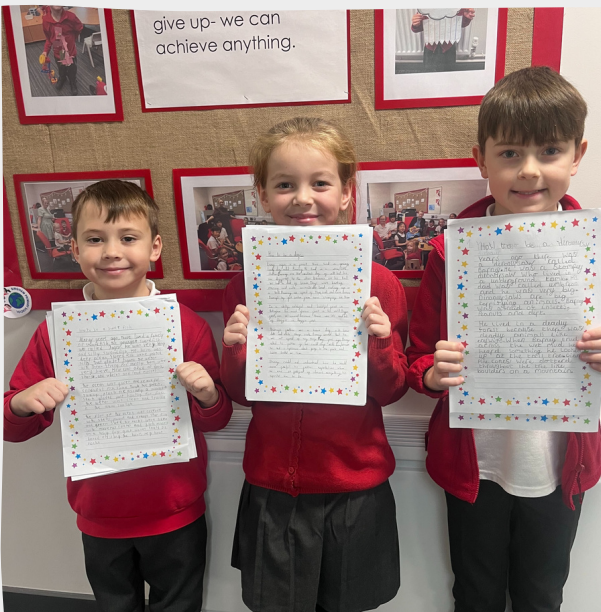
We are proud of our School and the pupils look smart in their uniforms.

Black shoes and black trainers are part of school uniform. Lots of schools have a school shoes only policy.

We do have a few pupils whose footwear isn't part of school uniform. I appreciate school shoes and trainers might break or children out grow them. Thank you for your assistance in this matter.



## KINGFISHER CLASS (YEAR 3&4)



What can I say? Once again this class has blown me away! They have written amazing stories. I have read lots of them. Their vocabulary and handwriting blew me away!

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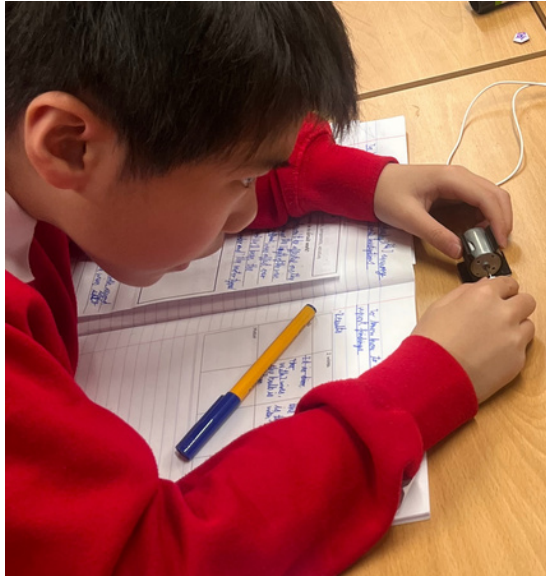
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# STARLING CLASS

As well as wowing me with their ability to rap in their Music Lesson (ask the children to show you this as it is a delight and might bring back some memories as it did for me). They have also been busy making circuits in Science.



# NURSERY

Thank you for being patient about whether our Nursery will reopen. Whilst we have had a good number of responses, we are awaiting to hear about wrap around care. I should have an answer for you after half term. Thank you for your support and patience once again!

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# SMARTPHONE SAFETY TIPS

## for young people

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You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

### NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

### RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

### TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

### STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

### DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

### IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

### ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

### REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

### THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

### SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

NOS National Online Safety  
#WakeUpWednesday