

# BPS NEWSLETTER

How is it the end of term already? We have achieved so much with the children in the last six weeks!. The whole school has been busy celebrating Number Day, some of the pictures are in this newsletter. After half term, there is a lot to look forward to, including World Book Day, Parents' Evening as well as an Easter hunt in school with some activities.

We are continuing to look at one our values and after half term, we will look at 'Independence'. This might be as simple as a child putting their coat on or doing their shoe laces up.

As always please catch me on the school gate, pop to the school office if you would like to ask me something or email us at enquiries@bingham-cit.co.uk.

Have a lovely half term everyone and thanks for making this half term such a delight! Mrs Pask- 14.02.25



### JOBS TO INSPIRE

We were lucky enough to have another parent come in to school to talk to pupils about their job. It was lovely to hear someone speak passionately about a job they love!

## **RESPECT STICKER**

This half term, we have focussed on one of our Values, 'Respect.' We have worked incredibly hard to teach and model what respect means. If your child has come home with a respect sticker- we are so proud of them!!!





#### Start and end of School Day

The children should not be on the trim trail at the start or end of the school day. Similarly, pupils are playing football on the playground. When pupils walk through the school gates, our expectation is that they stay with their parent if they have come to school with them and stay with them until the classroom door is opened. Thank you for your understanding on this matter.

# EYFS (ROBIN CLASS)



Robin Class have enjoyed painting this week as well as making numbers for Number Day! They have all worked incredibly hard.

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## SWAN CLASS (YEAR 1)



In Year 1 they have used their knowledge of primary colours to create their self portraits. They have also looked at doubling in Maths.



# BARN OWL(YEAR 2)



The Barn owl class have been learning how to French knit! What an amazing job they have done.

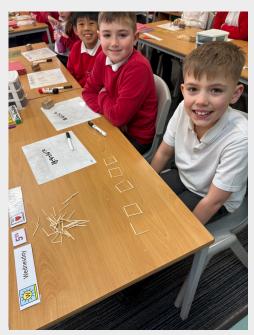
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This week, Y3 and 4 have been dividing and using sticks to help them work out remainders. As you can see from their smiles, they enjoyed

themselves!





# NUMBER DAY



Thank you for your support with Number Day 2025! Pupils were very creative with their costumes. I was very impressed indeed. As well as this, pupils took part in a variety of number activities and enjoyed themselves.

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Your paragraph text

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# INDEPENDENT

Please look out to see if your child has received an 'I've been caught being Independent' sticker after half term. This is the second of our four School Values.



being 'independent'



# STARLING CLASS (YEAR 5&6)



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Year 5 and 6 have been busy again over the last two weeks. As well as using one of the British Values 'Democracy' to vote for the best number day costume, they have been testing water resistance this afternoon in science. They really impressed Mr Hill from CIT with their superb knowledge.

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DATES FOR YOUR DIARY

#### Dates for your Diaries

#### Half term

The last day of term is Friday 14<sup>th</sup> February. Half term is a week off for pupils. We return to school on Monday 24<sup>th</sup> February.

#### World Book Day

Thursday 6<sup>th</sup> March is World Book Day. Pupils are invited to dress up as their favourite book character. We will undertake lots of reading activities on this day. A poster will follow shortly.

#### Parents' Evening Wednesday 26th March and Thursday 27th March

A link will go out two weeks before for you to book your ten-minute slot. Wednesday 26<sup>th</sup> March from 3.45pm-6.30pm and Thursday 27<sup>th</sup> March from 3.45pm-6pm.

#### Easter Hunt after school- Thursday 3rd April at 3.30pm (weather permitting)

After listening to parents, you said you would prefer something different to Family Bingo. With this is mind, there will be hidden Easter pictures around the school grounds. There will be a small Easter prize for the children who find them all.



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# What Parents & Educators Need to Know about

On messaging apps, social media and online games, group chats are among the most popular ways that young people engage with their peers online. Involving three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they can be great for connecting with others, there are several risks posed by these tools.

#### WHAT ARE THE RISKS?

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#### BULLYING

Teens are often trying to find their place in their social group. Unfortunately, group chats can sometimes lend themselves to unkind comments being shared freely, putting people down to make their peers laugh – often creating a vicious circle that encourages others to join in. Being bullied so publicly – in front of friends and acquaintances – can also amplify the hurt, embarrassment and anxiety that the victim feels.

#### EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: for instance, starting a new group, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one person doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss events that exclude them – for example, sharing photos from a day out that they didn't attend.

**INAPPROPRIATE CONTENT** 

CENSORED Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by a child if they are part of that group, whether they actively engage in it or not. Some apps have features that cause messages to disappear after they're viewed, so children may be unable to report something they've seen, as it can only be viewed once or for a short time.

#### SHARING GROUP CONTENT

Group chats can feel more private and protected, allowing children to share inside jokes and video calls with a smaller group of friends. It's important to remember that while the chat's content is private between those in the group, individual users can easily share material with others outside of the group, or screenshot what's been posted. The risk of something a child intended as private becoming public is higher if there are strangers in the chat.

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#### **UNKNOWN MEMBERS**

Within larger group chats, it's more likely for children to communicate with people they don't know. These strangers may be friends of the host, but not necessarily friendly towards everyone present. It's wise for young people to avoid sharing personal details and remember that they have no control over what others do with the material they send into the chat.

#### NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications they tend to generate. Every time someone sends a message, each member's device will be 'pinged' with an alert. This could result in hundreds of notifications a day. This is often highly distracting, and young people's fear of missing out (FOMO) can cause increased screen time as they try to keep up with the conversation.

# **Advice for Parents & Carers**

#### **CONSIDER OTHERS' FEELINGS**

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Group chats can become an arena for young people to compete for social status. This could cause them to do or say things on impulse which could upset others. Help children consider how people might feel if they behave in this way. If the child does upset someone, encourage them to reach out, show empathy and apologise for their mistrke

#### PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Ensure children understand the importance of not revealing identifiable details like their address, their school, or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they can't be certain where it might end up and how it might be used.

#### GIVE SUPPORT, NOT JUDGEMENT

Group chats are an excellent way for children to connect and feel like they belong. However, remind them that they can confide in you if they feel bullied or excluded, instead of responding to the person who's upset them. Validate their feelings and empower them by discussing how they'd like to handle the situation. You can also encourage children to speak up if they witness others being picked on.

#### AVOID INVITING STRANGERS

Sadly, many individuals online hide their identity to gain a child's trust and serve their own ends – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure the child understands why they shouldn't add people they don't know to a group chat – and why they should never accept a group chat invitation from a stranger.

#### BLOCK, REPORT AND LEAVE

If a child is in a chat where inappropriate content is being shared, advise them to block whoever sent the material, report that person to the host app or platform and exit the group. If any of this content could put a minor at risk, contact the police. Emphasise that it's OK for children to simply leave any group chat that makes them feel uncomfortable.

#### SILENCE NOTIFICATIONS

Having a device bombarded with notifications from a group chat can be an irritating distraction – especially if it's happening late in the evening. Explain to children that they can still be part of the group chat while disabling notifications – and that it would be healthier for them to do so, avoiding a situation where they could feel pressured to respond.

#### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

Sources: https://www.thihkuknow.coutk/it\_15/ets-tells-about/socialising-online/group-chots/[https://www.nspocorg.uk/keeping-children-sate/

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